

Look to the Moon for guidance



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The primary purpose of the Moon tarot card is to teach us how to use our intuition. Walk outside at night and it's impossible to see things clearly. We can't rely on our outer senses to be accurate in moonlight. We must look inward. In that moment of connecting to

our inner knowing, we're feeling, listening and seeing in a new way. Without this inner guidance, we simply don't have clarity.

This is why the Moon card is considered a very difficult card to interpret when it appears in a reading. We must look to surrounding cards to know if the moon is indicating a situation involving clear intuitive awareness or the illusion of false impressions. I call clear intuitive awareness the Bright Moon and illusion the Dark Moon.

The Bright Moon opens our awareness to intuitive insights (or reminds us to honor our intuitive nudges), heightened sensitivity, fertility, night dreams filled with guidance, prophetic visions, healing of past wounds, forgiveness, romantic encounters, spiritual awareness, mystical explorations and time for self-reflection.

The Dark Moon warns of deception, disillusionment, overwhelming fear, emotional intensity, false psychic impressions, desires that overwhelm reason, harmful exaggeration, self-deceit, uncertainty, a yearning for the unattainable and a crippling feeling of insecurity.

Because the Moon speaks to our individual intuition, the best way to receive an answer to a question you may have (about your life) is through this guided meditation. Please get comfortable, shut off your phone and other interruptions; then close your eyes (read the meditation through first so you're able to remember it with your eyes closed).

You see before you, with your inner vision, a moonlit path that winds through the great forest. Step by step you begin your journey into the forest. In a short while you feel guided to follow a narrower path that veers off to the left and you walk into a clearing encircled by a sacred grove of trees. In the center of the grove is a crystal clear pool of sparkling water with the moon reflected on its surface. The water beckons to you. You remove your clothing and follow ancient stone steps deep into the heart of the pool. You're surprised to find the water pleasantly warm and very relaxing. This is the ancient pool of the Moon Goddess.

As you immerse yourself in the soothing waters, the burdens of your life dissolve, leaving only your true shining self. Time seems to disappear as you enter into a receptive state of being.

The light of the luminous moon beckons you to gaze upward. The moon's light mesmerizes you, your eyelids become very heavy and fall closed, leaving you with the inner vision of the moon. The Moon Goddess gently asks if you carry a question within you. You nod your head and repeat your question aloud three times. The Goddess speaks to you of many things about your life and then she asks if you are ready to receive your answer. Look inward and answer truly because her response can profoundly change your life.

You listen carefully to all of the guidance she offers and silently reflect upon her words of truth. When you are ready, blow your breath upward towards the Moon in gratitude for the precious wisdom she has given.

You step out of the pool and a gentle wind dries you. You reach for your clothing and find completely new pieces to wear, including new shoes. Pay attention to the clothing as this represents the sacred gift (from the Moon Goddess) to the woman/man you are becoming. Then walk back through the forest to the place where your journey began. Slowly open your eyes and return to the outer world.

If you're interested in delving more deeply into tarot, I'm accepting applications for a new Tarot Program that begins in January 2018. Go to www.northernstarcollege.com for more information.

Skye has specialized in Feng Shui for the home and business for over 30 years. She teaches/practices Feng Shui, Gemstone Therapy, Tarot and Dreamwork at the Northern Star College of Mystical Studies in Edmonton. Contact: skyedreamhorse@shaw.ca

Note: This information is for educational purposes only. Thoroughly research all topics for yourself.



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