

# In this Mosaic...



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by **Connie Brisson**

I love when I ask a question and Spirit answers me, quickly, in a way that seems like a divine gift.

Every issue I write a personal article (Con Amore) at the back of the magazine. That may sound simple but it's not. It's always a big journey for me. And each time after I write my article I ponder about which parts to keep (or not) so it can be the best that it can be.

So, while driving today and thinking about my Con Amore article, I wondered if I should keep the story about Gabrielle in it. And this is amazing... Immediately I received a text from Gabrielle and she asked me: "Where did you first hear that I could lie to you, even fool you, but that I could not lie to God?"

Wow! That was the sign from Spirit I asked for. Because you see, I told that exact story in my article this issue (on page 22) and I had not told Gabbey anything about it.

Later that day, Gabbey explained that she was in English class and her teacher read the following passage from *The Great Gatsby* (by F. Scott Fitzgerald, Scribner, 1925): " ' told her she might fool me but she couldn't fool God'... 'God sees everything.' " Gabbey said it shocked her because it was so close to what I told her over four years ago. So she wondered if I had read it in that book.

Well, I've never read that book or seen the movie, but here is what that confirmed to me... that in every book (or movie) there can be a profound truth, a great learning for each of us – even if it's only one line.

And this is the whole reason why I originally wanted to have the book exchange at my Mystic Meetings. Earlier

this week, I'd listened to Gabrielle rant and rave about not wanting to read *The Great Gatsby* in her English class but (in a book she had dismissed as so irrelevant) she was given a gift from God/Spirit about a truth in life – one even more profound because I'd said the same words to her years ago when she was in a pivotal situation.

It made me remember why I was inspired to create the book exchange as part of my Mystic Meetings. Many years ago, Skye MacLachlan suggested I read a book that she loved and so I read it (but wasn't loving it). Then, near the middle of the book I read one line that changed me.

It was a simple line (and the rest of the world probably read it and didn't blink an eye) but it healed a deep wound in me that I'd earnestly been trying to heal for years. And it was that book, that I would never have read otherwise, that made me see that our healing can come from just one line in a book.

Our next Mystic Meeting, DECEMBER 7, will feature Patricia Gibb who will teach us EFT-Tapping. Patricia's personal journey with EFT-Tapping started as a way to de-stress her life, which led to her permanent weight loss of 80 pounds in a single year. Patricia is a retired teacher (B.Sc., P.D.A.D.Education) who is now an EFT-Tapping Practitioner (Facebook: EFT-Tapping to Change Your Life).

EFT-Tapping is a combination of psychology and a type of acupuncture without needles. It uses a gentle, easy to learn tapping with your fingertips on various energy points on your body to release blocked emotions and energy. Clinical trials have shown that EFT-Tapping is able to rapidly reduce the emotional impact of memories and incidents that trigger emotional stress. Once the stress is reduced or removed, the body can rebalance itself and accelerate physical and emotional healing.

Patricia will give a Power Point presentation to teach us about EFT-Tapping and then take us through an exercise using tapping so you can experience it for yourself. Join us on Thursday, December 7, at the Lucina Centre, 9505 – 163 Street, Edmonton, 7:00 – 9:30 p.m. The cost is \$20 cash at the door and please bring a gift wrapped book for the book exchange. RSVP by December 6 at mosaicmagazine@shaw.ca

Now please ask a question to the Universe (that you want a mystical answer for) before you read the tarot card article on page 10 by Skye MacLachlan. Ask a question you want some guidance about, so that the information given about the tarot card can answer your question in some way (or provide you with some insights) that you may not have had otherwise. Be open to your intuition as you read it and receive what you need to from it.

This issue I'm featuring an artist known only to myself... because it's me. I created this in a painting party last fall.

Lastly, we are always looking for ways to make Mosaic even better and value your ideas and opinions. So please enter our contest to WIN \$100 CASH (go to page 20 for details). The winner will be announced next issue. Thank you to all those who enter.